

# Bar-BQ Sauce with Beef

97% Fat Free

No MSG

Gluten Free



## Bar - BQ Sauce with Beef

This favorite is cooked in the pouch. It is great for parties. Just Heat and Serve!

### INGREDIENTS:

BAR-BQ SAUCE (WATER, TOMATO PASTE, BROWN SUGAR, SUGAR, VINEGAR, SPICES, SALT, MODIFIED FOOD STARCH, SPICE EXTRACTIVES, CARAMEL COLOR, ONION POWDER, GARLIC POWDER), BEEF IN BROTH (BEEF, WATER, SALT), WATER, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), POTASSIUM LACTATE, SODIUM DIACETATE.

### Nutrition Facts

Serving Size 1/2 cup (150g)

Servings Per Container About 9

#### Amount Per Serving

Calories 160      Calories from Fat 40

#### % Daily Value\*

**Total Fat** 4.5g      **7%**

Sat. Fat 0.5g      **3%**

Trans Fat 0g

**Cholesterol** 20mg      **7%**

**Sodium** 440mg      **18%**

**Total Carbohydrate** 23g      **8%**

Dietary Fiber 1g      5%

Sugars 20g

**Protein** 17g

Vitamin A 0%      Vitamin C 0%

Calcium 4%      Iron 20%

\*Percent Daily Values are based on a 2,000 calorie diet.