

Maple Cured Off The Bone Ham

95% Fat Free

No MSG

Gluten Free



Maple Cured Off The Bone Ham with Natural Juices

One of the favorites - this Ham has the flavor of real maple syrup and brown sugar combined with a mild smoke flavor. It is hand stuffed in its unique net with the netting removed prior to packing. This Ham is 95% Fat Free.

CURED WITH: WATER, CONTAINS 2% OR LESS MAPLE SYRUP, SALT, POTASSIUM LACTATE, BROWN SUGAR, SUGAR, MAPLE FLAVOR [DEXTROSE, MOLASSES POWDER (MOLASSES, MALTODEXTRIN), ARTIFICIAL FLAVOR, SPICE EXTRACTIVES, OLEORESIN OF PAPRIKA], SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.



Nutrition Facts

Serving Size 2 oz. (56g)

Servings Per Container Varied

Amount Per Serving

Calories 70 Calories from Fat 20

% Daily Value*

Total Fat 2.5g **4%**

Sat. Fat 1.0g **4%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 490mg **20%**

Total Carbohydrate 4g **1%**

Dietary Fiber 0g **0%**

Sugars 3g

Protein 7g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.