

Virginia Brand Smoked Ham

95% FAT FREE

No MSG

Gluten Free



Virginia Brand Smoked Ham - Water Added

A proven favorite, this one is made from select lean Ham muscles. This Ham is 95% Fat Free.

CURED WITH: WATER, CONTAINS 2% OR LESS SALT, POTASSIUM LACTATE, DEXTROSE, CORN SYRUP, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

Nutrition Facts

Serving Size 2 oz. (56g)

Servings Per Container Varied

Amount Per Serving

Calories 70 Calories from Fat 20

% Daily Value*

| | |
|------------------------------|--------------|
| Total Fat 2.5g | 4% |
| Sat. Fat 1g | 4% |
| Trans Fat 0g | |
| Cholesterol 25mg | 9% |
| Sodium 530mg | 22% |
| Total Carbohydrate 2g | 1% |
| Dietary Fiber 0g | 0% |
| Sugars 1g | |
| Protein 9g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 2% |

*Percent Daily Values are based on a 2,000 calorie diet.