Deli Cooked Ham

97% FAT FREE

No MSG

Gluten Free

Deli Cooked Ham - Water Added

Always a solid traffic builder. A quality square Cooked Ham. Steam cooked with a mild cure and is firm throughout to yield more full slices. 97% Fat Free.

CURED WITH: WATER, CONTAINS LESS THAN 2% SALT, POTASSIUM LACTATE, DEXTROSE, POTASSIUM CHLORIDE, CORN SYRUP, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

Nutrition Facts

Serving Size 2 oz. (56 g)

Servings Per Container Varied

Amount Per Serving

Calories 60 Calories from Fat 10

% Daily Value*

Total Fat 1g	**1%**
Sat. Fat 0g	**1%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 510mg	**21%**
Total Carbohydrate 2g	**1%**
Dietary Fiber 0g	**0%**
Sugars 1g	
Protein 10g	

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.